

jane's

on the common

Lunch

To Start

The Royle Salad \$7

*local organic greens, julienned vegetables
and honey balsamic dressing*

Baby Spinach Salad \$7

*with lime pickled red onion, beets, candied walnuts,
Ran-Cher goat cheese and grapefruit poppyseed dressing*

Caesar Salad \$6

with aged parmesan, housemade dressing and croutons

Seafood Chowder

with clams, haddock, salmon, scallops and shrimp
Cup \$5 Bowl \$6

Soup of the day

Cup \$4 Bowl \$5

Main Items

*all items (except the madras chicken curry) are served with
your choice of Vegetable, Caesar or Spinach Salad*

Sweet Potato Biscuit crusted Haddock \$11

with a Jonagold apple and chipotle chutney

Madras Chicken Curry \$11

*a mild exotic curry with free range NS chicken
served with basmati rice*

Portobello Mushroom Burger \$10

*with provolone, spinach and a romanesco sauce of
roasted red pepper, tomato, garlic, pinenuts and almonds*

Shrimp Cakes \$11

*juicy bits of shrimp and onion
in a light panko crust with cilantro-lime aioli*

Open-faced West Indies style

Pulled Pork Sandwich \$10

with spinach and house made barbeque sauce

Grilled Cheese Sandwich \$9.50

*aged white cheddar and provolone cheeses,
served with our own Tomato Butter*

*** add Montreal Bacon \$1.50**

Warm Ricotta and Cherry Tomato Tart \$10

with basil oil and parmesan

Spiced Fresh NS Lamb Burger \$11

with aged white cheddar and green onion and mint relish

Please let your server know if you have any food allergies.